The ABCs
OF HEALTHY LAWNS AND LANDSCAPES
Celebrating the Important Work Done by Landscape Professionals
Celebrating the Important Work Done by Landscape Professionals

Landscapes are beautiful outdoor places where people live, play, and work. They are made up of grass, flowers, bushes, and trees. These plants make things pretty and they help our environment. Landscapes also include things that are built so people can enjoy being outside even more. For instance, schools add fields to their landscapes so children can play and neighborhoods add parks, ponds, and other places for people to relax. The people who bring these outdoor spaces to life are landscape professionals. They are lucky because they get to work outside most every day making things beautiful, working with fun people, and helping families and their communities be healthier. If you like being outside and enjoy helping people, maybe you will be a landscape professional one day!

If you want to learn more about landscapes and projects you can do to make your yard more enjoyable for you, your friends and even wildlife, visit www.LoveYourLandscape.org.
I am Flora Fantastic.

And I am Captain Landscape.

We want to help you learn about landscapes and the people who create them, the Landscape Professionals.

Look for us as we journey together to learn all about beauty and benefits of outdoor spaces.
Air

Healthy landscapes make the air healthy for us to breathe.

Fun Fact: It is estimated that you breathe 20,000 liters of air every day!
Butterflies

Butterflies and other pollinators feed on flowers they find in our yards.

Activity:
Learn how to make a garden to help butterflies and bees at www.LoveYourLandscape.org.
Professionals often use tractors, bulldozers, and other construction equipment to create beautiful landscapes.

What kind of equipment would you like to drive?
Design

Landscape professionals design beautiful outdoor places for people to work and play.

Draw a beautiful outdoor space where you can play.
What are three things you do to keep yourself healthy?
Flowers
Flowers add beauty to our world.

Can you list five kinds of flowers?
Plants need nutrients, water, and soil to grow.

What helps you grow?

WATER

SOIL

NUTRIENTS
Happy
Landscapes make people – and the environment – happy.

What makes you happy?
Irrigation systems provide water to help grass and flowers grow.

Fun Fact: People need water to help them grow too!
Flowers, plants, and trees bring people great joy and help them relax.

What other things bring you joy?
Kids

Kids can enhance their backyard landscape by planting edible gardens, composting, making paver stones, and adding plants that attract wildlife.

What can you do to make your backyard more enjoyable for you and your family?
Landscape professionals create and care for lawns, parks, sports fields, and other outdoor places we enjoy. Their work makes people happy and helps communities.

Draw a picture of yourself as a landscape professional.
Mulch

Mulch is like a jacket soil wears to cover up the roots of plants to help them stay healthy.

Draw a picture of something you like to wear.
Grass, flowers, and shrubs are part of nature just like birds, squirrels, and other animals.
Activity:

Enjoy a Nature Scavenger Hunt!

Take an afternoon or a few weekends to see how many of the following items you can find in nature.

Don’t race to find them – take time to enjoy the opportunity to be outside and appreciate the world around you.

- Acorns
- Earthworms
- 3 Different Birds
- Something with Roots
- Spider
- Flying Insect
- Flower You Have Never Seen
- Pine Needles
- A Bird’s Nest
- A Flat Rock
- Something Red
- A Young Tree
- A Plant with Berries
- Natural Water Source
- An Evergreen Tree
- A Blooming Flower or Bush
- An Animal that Lives Outside
- Animal Footprints
- Bird Feather
Spending time outside is good for people.

What is your favorite thing to do outside?
Plants
Plants add beauty all around us, and they provide oxygen to the environment.

Activity: Count all the plants you see today. Warning: There may be too many to count!
Quiet
Healthy landscapes protect us from too much noise.

Activity:
Can you whisper for an hour?
Rain

Rain is helpful to plants and helps them grow.

Activity: Capture water next time it rains and use it to water plants inside your home.
Landscape professionals create sports fields where we can play soccer, golf, baseball, lacrosse and other games.

What is your favorite sport to play?
Trees

Trees are the tallest parts of landscapes. Some specially trained landscape professionals climb all the way up them using important safety gear.

How tall are you?
Though we love to look at flowers and trees, the health of these plants begins underground, and that is why they need healthy soil to help them grow.

Activity:
With a parent’s permission, dig in the soil in your yard or in a park. What do you see underground?
Vegetables make a wonderful addition to a garden in your landscape.

What kind of vegetables do you like to eat?
Water

Water helps plants grow.

Activity:
If you have plants inside your home, ask your parents if you can help water them.
A xeriscape is a landscape that uses water wisely.

Water is a valuable resource. How do you save water around your house?
Yard

Yards are for fun!

What do you like to do in your backyard or a friend’s?
Bees and other pollinators zoom around the landscape. Plants could not grow without them!
Find these words:

AIR

FLOWERS

GRASS

LANDSCAPE

OUTSIDE

PLANTS

PRETTY

SOIL

TREES

WATER
Thank you to all the Landscape Professionals who create fun places to play and help our environment stay healthy.

www.LoveYourLandscape.org